Principal's Report

Andrew Stockley

Dear Parents/Caregivers

This week marks the end of Semester One. For most students this will see a change in subjects and teachers, for Year 12s, this has hopefully seen the completion of their Research Project, but for them not much else will change. For those Year 12s who didn’t quite make the deadline for the Research Project I once again strongly encourage you to get this finished as soon as possible.

With the end of Semester One comes end of term/semester reports. Year 12s will receive a small comment to help them identify areas for improvement and areas of strength, other students will receive a short report and grade which will summarise their subjects for this semester. Teachers will be working on these reports next week, ready for them to go home at the end of the term.

As always there is plenty going on at Penola High School. Café 43 is up and running Tuesdays from 12.00pm – 2.00pm. I can say from personal experience that the food is amazing and the coffee strong. Our most recent opening saw 30 bookings taken with plenty of positive feedback from members of the public. The café is open for another two weeks so if you are interested in sampling great food created by our Year 10 students make a booking for one of the next two Tuesdays.

In addition to this several excursions have taken place. Today sees students attending the Science and Engineering Challenge in Mount Gambier. This is always an engaging and fun day as students get the opportunity to think laterally and creatively to come up with solutions for the various problems that are posed. I have no doubt our students will have enjoyed a highly successful day of learning. Last week saw a small group of students represent Penola High at the South East Cross Country competition. All involved performed well with several personal bests recorded. Our Knockout Netball teams headed to Keith last week, with our Open team coming away undefeated. They will now represent the school in Adelaide early next term. Our Year 8/9 team also had a successful day, but unfortunately fell just short of making the next round. All players should be proud of their efforts. I’d like to once again thank all staff for their continuing efforts in providing these opportunities to our students.

Our Facebook page continues to gain momentum and if you haven’t ‘liked’ or ‘followed’ us yet I trust you’ll be on board soon.

The start of Semester Two kicks off next Monday so I’d like to wish all students good luck and success in their new subjects and continued success in any subjects they will be continuing with.

I’d like to end by reminding all members of the school community that tomorrow, Friday 24 June, is a Student Free Day. Staff will be undertaking Professional Development and planning that will have them fully prepared and organised for semester two.

Kind regards

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SCHOOL BUS PARKING

Parents are reminded NOT to park in the bus parking zones at any Penola school between 8.30-8.45am and 3.15-3.30pm. Police and WRC Parking Inspectors will be patrolling the bus parking zones regularly.
Interschool Cross Country
Jackie Poumako

On the Wednesday 15 June 2016, Year 8 students, Nathan Rowe, Ryan Zerk, Kane Whitehouse and Joel Virtanen travelled to the Blue Lake Sports Park in Mount Gambier for Interschool Cross Country. Emotions ran high as the boys regaled substitute cross country ‘coach’, Miss Poumako, with stories from past Cross Country events, strategies and advice given to them by cross country ingénue, Mark Heyn.

Initially unsure of where to find the Blue Lake Sports Park, Miss Poumako came through as all good coaches do, finding the car park and then trailing behind the boys at a quick clip to find the officials tent and starting line a good ten minutes prior to the first heat.

Stripping down to their Penola High School singlets and running shorts in the chilly morning air, the Under 14 competitors paid rapt attention to the coaches pep talk while limbering up.

And the pep talk must have been effective as the boys ran hard as a team, urging each other on until the final sprint at the very end. Joel Virtanen, Nathan Rowe and Kane Whitehouse finished a very respectable 8th, 11th and 12th against the much more populated Mount Gambier and surrounding schools, recording a team score of 31 and finishing 4th overall.

In the Under 15 division, Ryan Zerk demonstrated leadership and determination as the only entrant for Penola High School. The Under 14 boys showed tremendous team spirit as they followed Ryan Zerk around to checkpoints to cheer him on to finish in 8th place amidst deep Bordertown and Grant High School contingents.

The students were all beautifully behaved and this coach was treated to the best traits of our young people. Penola High School was well represented at this event, especially considering our size relative to the larger Mount Gambier schools.

Cafe 43
Jodie Allen

On Tuesday of this week, Café 43 opened its doors to the public. Our students were overwhelmed with the positive response and successfully catered for 30 customers. This experience allowed the students to apply their practical cooking and barista skills to an industry standard. All students will experience the operational aspects of both front and back of house so they can gain more knowledge and understanding of the industry. Our students showed great professionalism and will continue to grow.

Upon reflection, Café 43 student Emma Ryan said “Whilst we felt a little bit of pressure getting some orders out, they were always delivered on time and everyone remained calm throughout the day. Of course, with so many orders, comes so many dishes!”

To ensure prompt service and assist with catering quantities, phone orders and/or table bookings would be greatly appreciated. If you would like further information please contact Jodie Allen, Café 43 teacher, or the school on 8737 0000.

Cows Create Careers
Tom Sutterby

On Wednesday 15 June 2016, the Penola High School Year 9/10 Agriculture class attended the Cows Create Careers Presentation Day by Dairy Australia held at the Attamurra Golf Course in Mount Gambier. The students joined with other schools from the Limestone Coast Region for what was a very informative day. The day was focussed as an endpoint for the in-school program, engaging the students in a range of different creative and informative activities to evaluate the abilities and knowledge of the students and subject teachers. The day was thoroughly enjoyed by everyone and we hope to continue with the program next year.
Open Girls Knock Out Netball

Chloe Long

On Thursday 16 June 2016 Miss Long travelled to Keith with some excited Year 10, 11 and 12 students ready to play in the Upper South East Knock Out netball competition. After an early start, we finally arrived in Keith ready to face some tough competition. Our first game was against Kingston and proved to be one of the hardest of the day. With scores level at half time, the girls had to dig deep in the second half to ensure the day started on a high. With the drive from Ella Kain in the middle and accurate shooting from Hannah Klemm and Gorgia Robbie, the girls came away with the win by 1 point.

In the second game we came up against the Upper South East Combined team. With Lucy Tonkin gaining some much needed turn overs out of WD and Romi Eckermann not missing a goal, the girls came away with another win. Our third game of the day was against a strong and very tall Keith side. Montana Freeman showed good leadership and perfect passing into the goalies. Hannah Klemm had the toughest job on the court standing a girl a foot taller than her, however, Hannah adjusted to this play and came off first best. The next game of the competition was against Naracoorte and the girls went into this match knowing that winning this game would mean we would go into the next round. Across the court, our girls stepped up to the competition, all winning their position, Joanne Drury was an unstoppable force at WD while Aliza and Alana worked all game to get turn over after turn over and at half time we put our secret weapon on at GS, Emily Winter. In the final game of the day we came up against a young team from Millicent. Although our girls were tired they came out and still played strong, hard netball to come away with their fifth win for the day.

Every girl should be proud of their efforts for the day, everyone played fantastic netball which meant we came away with a clean sweep. The girls will be playing Round 2 of the Knock Out Netball competition early in Term 2. A massive thank you to Sarah Walker, Heidi Kain, Jodie Allan, and Kirsten Bence for all their help and support on the day.

Breakfast Program

Penola High School has recently begun a BREAKFAST PROGRAM. The program provides students who have been unable to have breakfast at home with some nutrition before the school day begins. This program will run every morning from 8.30-8.40am in the school hall. The school would like to thank Windara Bakery for supplying the bread. Any donations of spreads such as vegemite, jam etc would be greatly appreciated.

Benefits of regular breakfast

- Improves your energy levels.
- Improves metabolism.
- Provides many beneficial nutrients, and boosts your fibre and calcium intake (compared to no breakfast).
- Reduces you chance of over-consuming high kilojoule foods later in the day.
- Stabilises your blood sugar levels.
- Improves memory and concentration.

School Buses

Louise Clayfield

Could the families of bus students please note the following points.

- If your family will be away for a family holiday during term time and your child(ren) will not be travelling on their normal bus route, please make sure you notify the bus driver of the dates your child will be absent so the bus is not waiting at your stop unnecessarily. Also, as a courtesy, please keep your bus driver informed if your child(ren) will be not be travelling on the bus on the afternoon run if they are attending football/netball practices or other after school commitments or the morning run if they are absent due to illness etc.
- Parents are reminded to please be at your stop at least 5 minutes before your allocated pick up time in the morning so that buses are not kept waiting and the timetable can run to time. Drivers are not obliged to wait for students in the morning if they are not at their stop at their designated time.

SA Dental Service

Think about your next move

Dental Assistant Traineeships

SA Dental Service is offering more than 30 Dental Assistant Traineeship positions at Clinics across the state.

The 12 month Traineeship contract includes on the job training and attendance at TAFE where you will gain a Certificate 3 in Dental Assisting while earning $20,710 – $31,978 a year.

1. If you are 17 to 24 years of age (or up to 30 years if Aboriginal or Torres Strait Islander)
2. You have finished Year 11:
3. You may qualify for a Traineeship. Apply now

Applications open 1/7/16 – 28/7/16 for the February 2017 intake

For more information visit www.saldentalcareers.com.au

Search Job Number 504230 at this website from 1-28 July to apply.
School Stream App

In our continuing efforts to improve communication between families and the school, we have implemented a mobile phone app which works in apple and android devices. This tool allows us to send you alerts, provide us with absence information via your mobile phone. We strongly encourage you to install the free app by following the instructions below to help keep you up-to-date with what is happening in your school.

Instructions for installing & deleting the School Stream app from your device

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<th>iPhone / iPad iOS 7.x - 8.x</th>
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<td><strong>Installing</strong></td>
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<td>1. From your mobile device go to the App Store search for School Stream</td>
<td>1. From your device press and hold down the School Stream icon until the icon begins to joggle.</td>
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<td>2. Tap the FREE button to the right of the School Stream listing</td>
<td>2. Tap the little x in the upper-left corner of the School Stream app. (A dialog appears, informing you that deleting this app also deletes all its data).</td>
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<td>3. Tap the INSTALL button</td>
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<td>4. Enter your Apple ID and password &amp; tap OK</td>
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<td>5. Wait for the install icon to change to OPEN</td>
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<td>6. Tap the OPEN button</td>
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<td>7. You will be prompted to accept push notifications, you will need to select OK</td>
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<td>8. Start typing your school name into the search then SELECT your school</td>
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<td>1. From your mobile device go to the Play Store search for School Stream</td>
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