Principal’s Report

Fleur Roachock

Dear Families

We are rapidly approaching the end of Semester 1 which concludes on Friday of this week. We hope our students can reflect on the past 20 weeks and feel that they have done everything they could to achieve their best in their assessments. If not, this is a good time to re-evaluate goals and make some good plans for Semester 2!

On Thursday of last week, over 300 people crowded into the Hall to attend a community forum about the drug, methamphetamine. A video segment of the forum held in Mt Gambier was shown, a recovering methamphetamine addict spoke to the audience and a panel of experts answered audience questions. This event was organised by Mt Gambier police officer, Sergeant Paul Scicluna and our own Vicki McDonald-Burgess. The feedback we have received for the proactive approach we have taken on this issue has been overwhelmingly positive and we look forward to continuing our involvement in preventing this drug from becoming an issue in our community. We are very grateful for the support we received from organisations and individuals to make this event the success it was.

On Friday of last week, all of our Year 10s as well as some Year 8s and 9s attended the Science and Engineering Challenge at Tenison Woods College along with Year 10 students from all other secondary schools in the region. As usual, our young people acquitted themselves beautifully, applying their critical thinking and problem solving skills to various tasks and being rewarded with an overall placing of third behind Bordertown and Naracoorte. We are very proud of how well our young people represented our school.

Rehearsals for “A Midsummer Night’s Midterm” are progressing well, and it has been lovely to see some dramatic and comedic acting skills being developed amongst our student cohort. If you have not yet purchased your tickets for next week’s performances, please contact the Front Office at school.

At Governing Council on Monday night, our parent representatives worked on the development of a definition of the Ideal Learner and the construction of our next Site Improvement Plan. If you wish to make any suggestions about either of these initiatives, please do not hesitate to contact me at school.

Kind regards

Principal’s Report

Fleur Roachock

Paracetamol in Schools

Paracetamol is not administered in any DECD schools or preschools without a doctor’s prescription and medical authority. Penola High School must have written instructions from a medical practitioner or dentist for Paracetamol administration. If possible, the first dose of any medication containing Paracetamol must be given to the child before they come to school.

As per SafeWork SA and DECD guidelines Penola High School will not be storing Paracetamol.
Science & Engineering Challenge
Mike Hentschke

Twenty-one students from Years 8 to 10 attended the annual Science and Engineering Challenge in Mt Gambier. Our students worked in teams and were highly engaged and focused on problem-solving and strategic activities. This included building a model of an environmentally stable dwelling, investigating alternative sources of power and their incorporation into a sustainable supply system, investigating pathways in a network, building a hover craft and designing a tower built from paper to withstand vibrations while carrying a load. The perennial favourites were also included: construction of a bridge and a Mars buggy. A new activity this year was the construction of a model hand, which was assessed by its ability to pick up a range of objects. The students maintained their focus on their allocated activity and this was evident when the final results were announced.

Our students won the model hand construction and Mars rover sections of the day and are to be congratulated on the effort and hard work they expended to achieve this success. Overall, Penola was placed third out of the eight schools attending, with Bordertown High first and Naracoorte High second.

Science teacher Mike Hentschke said “The Science & Engineering Challenge I look forward to each year as it provides students with opportunities to solve construction problems that are modelled on real life, but require problem solving skills, communication and teamwork to be completed successfully. The focus and sustained efforts of the students made it a most worthwhile day. I would like to acknowledge the input of the University of Newcastle who design and coordinate the event and the support of Mount Gambier Rotary Club and local engineering businesses who act as judges and support people during the event.”

Interschool Cross Country
Simone Combe

On Wednesday 10 June 2015, nine Penola High students competed in the Interschool Cross Country Championships. This year, the championships were hosted by Naracoorte High School and were held at the Naracoorte Hockey Club and surrounding grounds. The runners battled tough conditions, particularly with running on sand uphill, but all managed to finish the race with very respectable times. It was excellent to see plenty of students having a go and representing Penola High School. Thanks must go to Kevin Maria for assisting as the official starter on the day.

The students who competed were: Sam Klemm, Sam Gartner, Ashton Byrne, Jamie Colbert, Daniel Meek, Logan Gibbs, Jacob Ellery, Josh Currie and Callum Sutcliffe.

Defence Force Visit
Tom Sutterby

Penola High School was fortunate to have Warrant Officer Jock Joce and Warrant Officer Danny McInnes of the Australian Defence Forcecome and speak to Year 10, 11 and 12 students during the week about Defence careers. They spoke about the Australian Defence Force Academy, one of the most highly regard universities in Australia and internationally, and how the academy provides students with the opportunity to complete their tertiary studies whilst beginning a challenging and exciting career as a junior officer in the Navy, Army or Air Force. They also spoke about entry to other possible careers, specifically technical trades, within the three services.

Careers Advisor, Tom Sutterby said, “It is excellent that private and government organisations are focused on accommodating regional areas and are willing to actively talk to our students.” For more information call 131901 or visit defencejobs.gov.au/adfa
Feeder School Soccer Carnival
Simone Combe

The Penola High School oval was a hive of activity for the annual Feeder Schools Soccer Carnival this week. The schools involved were Penola Primary School, Kalangadoo Primary School and Mary McKillop Memorial School - unfortunately Nangwarry Primary School could not attend due to a clash with events. As a lead up to the carnival the feeder schools all took part in soccer clinics to prepare themselves.

Once again it was evident that all involved had a fantastic day. Students were actively engaged throughout the day, despite the cool weather at the end of the day. It was great to see the students from different schools interact positively with one another, even though it was the first time they had met some of their team mates.

The Year 11 Health & Physical Education students who coached paid particular attention throughout the day to players who showed great improvement in either their skills, confidence or teamwork, or players who used positive talk during games. These players were then awarded a soccer ball and a certificate for their achievement. Each of the 75 students who participated also received a certificate of participation to recognise their efforts on the day.

The day was very successful - many thanks to the SRC for supplying the BBQ lunch, the Year 11 PE class for their coaching, and several Year 10 students for umpiring throughout the day.

Ice Factor Forum
Vicki McDonald-Burgess

On Thursday 11 June 2015 Penola High School hosted an Understanding the Ice Factor event. More than 300 people attended the forum, with standing room only. People from sporting clubs, schools and the wider district were in attendance.

Hosted by Sergeant Paul Scicluna from the Limestone Coast Police Crime Prevention Section, the forum was a follow up from the successful community campaign held in Mount Gambier to inform the South East about illicit drugs, in particular crystal methamphetamine, commonly known as “ice” or “crystal meth”. Following a brief welcome from Principal, Fleur Roachock, the audience watched a Powerpoint from the Mount Gambier forum and learnt about different forms of ‘ice’ and the effects it produces.

A former drug addict spoke passionately about the dire effects of the drug on individuals and families.

A panel of experts consisting of representatives from SAPOL, Anglicare, SA Ambulance, Penola & District War Memorial Hospital, Mount Gambier Accident & Emergency, Drug & Alcohol Services and Uniting Communities answered questions and gave advice to audience members throughout the night.

Event coordinator Vicki McDonald-Burgess said “I am very appreciative of the support shown by the Penola community in its endeavors to inform and educate our community. I would also like to thank the Penola High School Governing Council for their preparation and cooking of the sausage sizzle.”

Materials & Services Charge
Vicki McDonald-Burgess

Parents have the option of paying the Materials and Services charge in full or in instalments by cash, cheque, credit card, direct debit, eftpos or centrepay system.

Parents who wish to pay the Materials and Services charge either in instalments and/or by direct debit and centrepay system please phone Vicki at the school on 8737 0000 to make the necessary arrangements. The Materials and Services charge is due and payable by all parents as soon as possible.
Renola High School presents

A Midsummer Night's Midterm

Based on William Shakespeare's timeless classic

There will be two performances at the Renola High School Hall
Wednesday 24th June & Friday 26th June at 6:30pm til 8:30pm

Tickets available through the school 08 8737 0000
$15 for a family pass (2 adults, 2 children)
$5 per adult
$4 per child (12 - 18)

Cabaret Style Seating
BYO Nibbles

nurturing individual successes
SHine SA (Sexual Health information, networking and education SA) supports staff at your school with training, resources and curriculum in the area of relationships and sexual health education (R&SH). Parents play an important role in providing sexual health information to their children and research suggests that quality communication is critical to developing children’s socialisation and confidence. As well as this it has been shown to reduce risk-taking behaviours in regards to sexual activity.

In 2014 over 4,000 students gave SHine SA feedback on their R&SH lessons. The highest ranked source of further information for R&SH was a parent/carer (67%), followed by a friend (53%), the internet (45%) and health service (43%). These results would indicate that parents and carers are considered by young people to be trusted and valued sources of information about R&SH.

Talking about R&SH doesn’t have to be complicated;
• Start early – you may or may not agree with your child/ren having intimate relationships; however it’s important to discuss these topics before they become involved.
• Live in the moment – TV storylines and other popular media often contain sexualised messages or stories about relationships and sex, some of these stories could be misleading or incorrect. Use these opportunities as a conversation starter and address potential misconceptions.
• Keep the lines of communication open – remind your child/ren that you were young once too and that you understand the challenges and issues they may be facing. Let them know you are available to speak to them anytime if they have a question or need advice.

We are in the process of updating a resource for parents/carers on how to discuss respectful, safe and healthy relationships with their child/ren which is hoped to be available later this year. We would appreciate your input via a survey regarding the content of this guide to ensure it is a valuable resource for you and other parents/carers to use.

The survey can be accessed via Survey Monkey via the link below:
https://www.surveymonkey.com/s/GXG3QTY

If you have questions or further information to share please contact Anita Sharrad at SHine SA on 8300 5338 or by email – anita.sharrad@shinesa.org.au

The Tatiara Art Prize is a biennial, national acquisition prize for painting – in any medium – with a prize pool of $10,000 and an open theme.

The Tatiara District Council is an enthusiastic supporter of arts and culture in the community and the Tatiara Art Prize is an event which recognises the work of local artists, and brings artwork from around Australia to the Tatiara for everyone to enjoy at Walkway Gallery.

THE PRIZES
Tatiara Art Prize (acquisitive)
$10,000
Most Promising Youth Artist
15-25 years of age $750
Most Promising Young Artist
5-14 years of age $500
Ralph Winter Memorial Prize
Sponsored by the Tatiara Powder Painters
(local artists) $500
People’s Choice (awarded at close) $500

2015 IMPORTANT DATES
ENTRIES FOR PRE-SELECTION CLOSE
5pm, Monday 31 August, 2015
ENTRIES DELIVERY
Starts Monday 15 September
FINALS DELIVERY
Tuesday 25 October
EXHIBITION DATES
Saturday 26 October to Friday 27 November
OFFICIAL OPENING
6:30pm, Saturday 24 October
at the Walkway Gallery (Tatiara Civic Centre)
43 Westminster St, Enfield, SOUTH AUSTRALIA
ENTRIES PICK-UP
Starts 4pm Tuesday 1 to Friday 4 December

ENQUIRIES
Nanay Fallon
E: nanay@falken.falken.sa.gov.au
T: 08 8755 1644 or 0408 640 901
Walkway Gallery Opening Hours
Monday – Friday from 9am

Limestone Coast Rotary
Careers Expo
Friday 7 August 2015
TafeSA, Mount Gambier campus, Wireless Road West
9am – 2.30pm

Highlights and activities:
• Interactive workshops from various industries
• Interactive trade skills demonstrations
• Guest speakers – informative sessions
• Exhibitors

An action packed program tailored to meet the needs of students seeking information relating to many and varied tertiary study and employment opportunities.
Career Planning Session

Wed 29 July 5:30 - 6:30PM
PH5 Seminar Room
Contact - SAT 0434 540 212
(Course Advisor)

What to expect:
✓ Update your Resume
✓ Build a 5 year plan
✓ Course & Career Advice
✓ Meet new people
✓ Coffee & Snacks

Free Attendance!

Your Advisor:
SAT PIMENTEL
COURSE ADVISOR
MOBILE: 0434 540 212
www.saturnino.pimentel.ntdtraining.com.au

NTD National Training & Development
nurturing individual successes